

ELECTROLYSIS AND PCOS

In today's world, a woman's body image is important to her sense of well being. Having smooth, hair-free skin plays a large part in this image. A woman's confidence and self-esteem can be affected by unwanted hair, especially if she has Poly Cystic Ovarian Syndrome (PCOS).

Most women with excessive hair on their faces, breasts or chests can experience hair growth early in their lives usually around puberty. They will begin temporary methods of removing their unwanted hair only to find out that it keeps growing back, and in most cases the hairs appear coarser. Damage from excessive tweezing, waxing, laser, threading or sugaring may also cause the skin to become irritated and pigmentation changes may occur.

Many women who seek help from an electrologist perceive their hair problem as a cosmetic problem not an endocrine problem, which is known as hirsutism. Hirsutism is defined as excessive hair growth. Electrologists are professionals who are educated to determine whether the client is at risk for this disorder. During the health history portion of the consultation, the electrologist will ask questions regarding hair growth patterns such as at what age was this hair problem noticed, questions concerning regular or irregular menses and other pertinent questions in order to evaluate the client. The professional electrologist may suggest that the client consult with a doctor, specifically an endocrinologist, if necessary.

With the increasing awareness about PCOS and the large number of women affected by it, the NYEA has been educating members, through continuing education on how to recognize and assist clients who have PCOS. Electrologists are aware of how emotionally devastating PCOS can be and are sympathetic to their clients' needs and concerns.

For *permanent hair removal*, electrolysis is the only solution to your problem. It is effective on all skin types and hair colors. When you visit an electrologist, you will receive treatment from a skilled hair removal professional. Your electrologist is proficient in the most advanced treatment methods and techniques. A session can range from 15 minutes to more than an hour, depending on the amount of hair to be removed. The latest equipment and protocols have made the process more comfortable and effective than ever before.

If you would like further information send an email to info@electrolysisbycaroline.com or call me (914) 779-0926. I would love to hear from you and start you on your way to hairfree skin.